

Menu for the Week	Gartenstrasse	7th – 11th January 2019
--------------------------	----------------------	--

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh fruit and bread	Fresh fruit and bread	Fresh fruit and bread	Fresh fruit and bread	Fresh fruit and bread
Lunch	Vegetarian Shepard's Pie Italian mixed salad	Breaded chicken Creamed carrots, rice <u>Vegetarian</u> Breaded tofu Creamed carrots, rice	Spinach and ricotta cannelloni Green salad	Beef burger Pumpkin-carrot puree Garden peas <u>Vegetarian</u> Vegetarian soufflé Pumpkin-carrot puree Garden peas	Fish fingers Sweet wheat Lemon wedges <u>Vegetarian</u> Vegetarian sticks Sweet wheat Lemon wedges
Afternoon Snack	Fruit with biscuits	Quark with honey Dried fruit	Tortilla with guacamole	Chicken sausage or cheese with bread	Gingerbread

